# Crisis Negotiation



# Categories of Hostage Takers

- · Mentally Disturbed
  - Most common type of hostage situation (52%)
  - Common Types
    - · Paranoid schizophrenia
    - Depression
- Criminals in the process of committing a crime
- Prisoners in revolt



## Categories of Hostage Takers

- · Politically Motivated
  - Examples
    - Iran
    - Munich Olympics
  - Goals
  - Show the public that the government can not protect its citizens
  - Virtually guarantee immediate media coverage for their cause
  - Support their hope that the government will overreact
    - Place excessive restrictions
    - Result in civil discontent
  - Often to demand release of incarcerated group members

# Categories of Hostage Takers

- Aggrieved person who feels wronged by the system
- Suicide/barricaded-subject incidents
- High-risk suicide incidents
- · Domestic incidents
- Warrants
  - Mental health
  - High risk (felons, drug dealers)



### People Involved in the Situation

- Inside
  - Hostage taker
  - Hostages
- Outside
  - Commander
  - Tactical team
  - Negotiating team
    - Primary negotiator (communicates, negotiates)
       Secondary negotiator (documents, coordinates info)
    - Tertiary negotiator (carries out tasks)
  - Police psychologist
  - Patrol team
  - Media team



## **Negotiating Steps**

- Isolate the Area
- Build Rapport
  - Express feelings of understanding & empathy, but don't say "I understand how you feel"
  - Encourage hostage-taker to do the talking
  - Display your own calmness
  - Find opportunities, no matter how small, to work with the hostage taker
  - Do not lie, but be empathic when possible
  - Help the hostage taker save face, but minimize suggestions

#### **Negotiation Steps**

- Determine the extent to which the incident is negotiable
  - The hostage taker must have a need to live
  - There must be a threat of force by the authorities
  - There must be demands by the hostage taker
  - The negotiator must be seen as a person who can hurt the hostage taker, but who is willing to help
  - There must be time to negotiate
  - A reliable channel of communication must exist between the negotiator and the hostage taker
  - The location and the communications of the incident need to be contained
  - The negotiator must be able to deal with the hostage taker making the decisions

#### **Negotiation Steps**

- Negotiating
  - Avoid accepting deadlines
  - Keep the hostage-taker talking
  - Listen, listen, listen
  - Don't rush time is on your side
  - Be sure the hostage-taker understands that you are not able to make final decisions
  - Withhold rewards (e.g., food, water, media) as long as possible so that they will be available when really needed

### **Examples of Negotiating Strategies**

- · Emotionally Disturbed
  - Encourage hostage taker to vent
  - Use reflective techniques
  - Never argue—logic will not help
  - Give the hostage-taker plenty of time
- Criminal
  - Clearly state the range of your cooperation behavior
  - Be calm and businesslike
  - Use logic
  - Avoid setting or accepting time limits
  - Help the criminal save face

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Assessing Violence Potential	
Demographics	
Age (15-25) Sex (male) Race (African American, Hispanic) SES (low)	
IQ (less than 90) Education (low, underachiever)	
Substance abuse (yes) Employment (unemployed, frequent changes) Residential stability (frequent moves)	
Assessing Violence Potential	
Demographics	
Psychological disorder Victim of child abuse	
Family violence Street gang association	
Lack of emotional support (e.g., friends, family) High interest in weapons	
Has recently received notice of a fatal disease	
Assessing Violence Potential	
Previous Violent Behavior	
Arrests/convictions for violent offenses Mental commitments (danger to others)	
Juvenile record of violent crimes History of arson History of onimal tenture	
History of animal torture     Previous violence is escalating in frequency and severity	
"Third strike" suspect Parolee	
Has recently killed a significant person in his life	

Assessing Violence Potential	
The Hostages	
Family member (especially primary care giver)	
Inability to form interpersonal bond Hostage behavior	
riosage behavior	
Assessing Violence Potential	
Violent Behavior During Incident	
Violent verbalizations	
Points weapon at hostage Demonstrated violence against a hostage	
Shots fired after law enforcement arrive on	
scene	
Shots fired during negotiations Officer shot	
Demands that authorities kill him	
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Assessing Violence Potential	
Behavior During Incident	
Indicates he has nothing to live for States "I'm not going back to prison"	
States "I want to go out in a big way"	
Appears to be highly emotional	
Makes unreasonable demands Issues deadlines	
issues deadines	

# **Assessing Violence Potential** Signs of Decreased Risk Responds to negotiator's contacts \_\_ Is willing to talk to negotiator \_\_ Allows hostages to communicate with negotiator Releases a hostage Allows freedom of movement Alludes to the future Survival Tips for Hostages Turner (1989) Do not lose hope and avoid an open display of despair · Don't antagonize the hostage taker - The first hour is the most volatile Initially do not speak unless spoken to Do exactly as you are told—do not argue Avoid making suggestions Only make eye contact when being told what to do Try to rest but remain facing your captor Be observant, but not conspicuously so, as you may be released Do not try to escape unless you are certain that you will be successful In case of rescue Expect noise and lights - Hit the floor and stay there Stockholm Syndrome • Named after a 1973 incident in Sweden in which 4 employees were held for 5 days in a bank vault • Refers to a situation in which the hostages express positive feelings toward the hostage taker and hostile feelings toward authorities · Most likely to occur when - Hostage takers have frequent contact with hostages - Interaction is positive - Hostage situation is lengthy

# Therapy for Hostages

- 33% to 50% of hostages need therapy, not all seek it
- Basic approach
  - Restore power to the victim
  - Reduce feelings of isolation
  - Reduce feelings of helplessness
  - Encourage feelings of control
  - Allow expressions of anger toward the hostage takers
     Facilitate the recognition and acceptance of their vulnerability

